

Appendix B

Project Information

Project Name	Population Served ¹	Service Types ²	Duration	Staffing	Reported Outcomes
Homefriends	<ul style="list-style-type: none"> Children with at least one special need Living in inadequate housing Caregivers recovering from substance abuse 90% African American 90% unemployed 83% single parents 	<ul style="list-style-type: none"> Modified Family Friends program Home visits (weekly) Parent education and support Referral Respite 	10 months (average)	<ul style="list-style-type: none"> Senior volunteers from the child's neighborhood All direct service staff and nearly all mentors were African American 	<ul style="list-style-type: none"> No families in intervention group had child placed in foster care Some improvement found in parental teaching and stimulation of children Parents experienced an improvement in their feelings and perceptions of themselves as parents
Neglected Children in Intergenerational Kinship Care	<ul style="list-style-type: none"> Grandparents who are primary caregivers (98% female) and lack the financial/ supportive resources to parent History of abuse or neglect by birth parents 96% African American families 	<ul style="list-style-type: none"> Concrete assistance Health care Home visits (monthly) Mental health services Parent education and support Referral Service planning Transportation 	12 months	<ul style="list-style-type: none"> Full-time professional social workers and part-time registered nurses Staff and advisory board composed primarily of African Americans 	<ul style="list-style-type: none"> Decreased child behavior problems Reduced risk for child neglect Improved caregiver health Caregiver empowerment Increase in caregiver social support Decrease in caregiver stress
Helping Families Prevent Child Neglect	<ul style="list-style-type: none"> Presence of concern for at least one subtype of neglect and presence of at least two other risk criteria Not involved with CPS, willing to participate 95% single parents 85% African American 	<ul style="list-style-type: none"> Advocacy Assessment Concrete assistance Crisis intervention Home visits (weekly) Outreach Parent education and support Service planning 	3 or 9 months	<ul style="list-style-type: none"> Social work interns Mostly African American 	<ul style="list-style-type: none"> Reduced caregiver depressive symptoms, drug use, life stress, parenting stress Increased appropriate parenting attitudes, satisfaction with parenting, perceived social support Fewer CPS reports on participants following than prior to intervention Enhanced physical and psychological care of children Decreased caregiver perceptions of child behavior problems
Family Intervention Program	<ul style="list-style-type: none"> At least one parent with a substance abuse or mental health problem 96% of families have history of abuse or neglect 74% of households have an adult with a history of past arrest 	<ul style="list-style-type: none"> Assessment Concrete assistance Crisis intervention Health care Home visits Mental health services Outreach Parent education Referral Respite services Substance abuse treatment Transportation 	Up to 18 months	<ul style="list-style-type: none"> Professionals Attempted peer mentoring program did not turn out to be feasible 	<ul style="list-style-type: none"> Substance abuse impact reduced in 50% of families where it was a problem Decrease in caregiver emotional problems Increase in parenting skills for 65% of parents Improved health of children Decreased behavior problems of children Some reduction in social isolation of caregivers

¹ All families were at high risk for neglect. Most were poor and lived in high-risk inner-city areas.

² *Concrete assistance* includes financial benefits assistance, housing assistance, legal assistance, transportation, food bank, and assistance meeting basic needs. *Parent education* includes adaptive functioning, communication skills, negotiation skills, educational support, employment/job readiness training, and money management/budgeting skills.

Parent Empowerment Program	<ul style="list-style-type: none"> ■ Socially isolated, resource-poor teen mothers (average age 20 years) ■ Pregnant or parenting ■ 97% single parents ■ 60% Latino, 30% African American 	<ul style="list-style-type: none"> ■ After care ■ Assessment ■ Crisis intervention ■ Day care ■ Home visits ■ Parent education and support ■ Referral 	6 months, with after care	<ul style="list-style-type: none"> ■ Program coordinator (MSW) and case manager (BSW) ■ Culturally competent clinicians (bilingual staff for Spanish-speaking clients) 	<ul style="list-style-type: none"> ■ Slight increase in child well-being scores ■ Slight increase in knowledge of infant development ■ Slight downward trend in child abuse potential ■ Significant percentage of family-identified goals partially achieved or achieved
Family Network Project	<ul style="list-style-type: none"> ■ Poor, female, socially isolated ■ Chronically neglecting families ■ 60% Caucasian 	<ul style="list-style-type: none"> ■ Assessment ■ Concrete assistance ■ Crisis intervention ■ Day care ■ Home visits (biweekly) ■ Parent education and support ■ Referral ■ Respite 	As needed	<ul style="list-style-type: none"> ■ Project director (MSW), social work/educator (BSW), parent aides (HS graduate to BSW) ■ Supported by student interns and volunteers 	<ul style="list-style-type: none"> ■ Families maintained adequate housing ■ Families achieved adequate health care ■ Caregivers developed skills to meet children's psycho-emotional needs ■ Caregivers showed improvement in using appropriate discipline
Family Support and Intervention for Neglected Preschool Children	<ul style="list-style-type: none"> ■ Families identified as neglectful ■ 59% African American ■ Frequent issues with substance abuse, mental health, and domestic violence 	<ul style="list-style-type: none"> ■ Assessment ■ Day care (therapeutic preschool) ■ Home visits (bimonthly) ■ Mental health services ■ Parent education and support ■ Transportation 	10 months (longer as needed)	<ul style="list-style-type: none"> ■ Consistently professional, highly qualified (MSW) staff ■ Experience in dealing with serious mental health issues and multiproblem neglectful families 	<ul style="list-style-type: none"> ■ 99% of children achieved at least one developmental goal ■ 94% of families made progress on treatment goals ■ Improved parenting skills and increased social support for caregivers ■ Increased knowledge of child development and positive behavior management ■ Children's developmental adaptation exceeded that of control group
Healthy Families D.C.	<ul style="list-style-type: none"> ■ First-time parents identified as overburdened ■ 88% single mothers ■ 66% Hispanic, 29% African American ■ 61% Spanish speaking with limited English ■ 57% teens 	<ul style="list-style-type: none"> ■ Healthy Families model ■ Assessment ■ Home visits (weekly) ■ Parent support ■ Referral 	Long term (up to 3–5 years)	<ul style="list-style-type: none"> ■ Chosen for their ability to connect with families and their educational background ■ Live in the community being served ■ Culturally competent ■ Extensive training 	Met objectives with regard to: <ul style="list-style-type: none"> ■ Healthy birth weights ■ Immunizations and well-care visits ■ Developmental screenings ■ Progress toward self-sufficiency goals ■ No cases of child abuse or neglect
Family Reclaim	<ul style="list-style-type: none"> ■ Multi-stressed families with substance abuse issues ■ 68% African American, 5% Latino 	<ul style="list-style-type: none"> ■ Concrete assistance ■ Crisis intervention ■ Mental health services ■ Parent education ■ Referral ■ Respite ■ Transportation 	As needed	<ul style="list-style-type: none"> ■ Program director, social workers/family advocates, youth mentor 	<ul style="list-style-type: none"> ■ Improvement in child well-being scores ■ Improvement in family functioning for a significant number of families ■ 97.5% of children at risk for removal were able to remain with their families ■ Improvement in children's academic performance and school attendance ■ Cost effective
Family Preservation Services	<ul style="list-style-type: none"> ■ African American or mixed race ■ 2/3 of primary caregivers unemployed and never married ■ Drugs/alcohol abuse issues 	<ul style="list-style-type: none"> ■ Modified Family Enhancement Program ■ Advocacy ■ Aftercare ■ Concrete assistance ■ Crisis intervention ■ Day care ■ Home visits ■ Mental health services ■ Parent education and support ■ Referral 	Intensive services for 4 to 8 weeks, aftercare for up to 12 months	<ul style="list-style-type: none"> ■ Project Director (MSW), professional outreach and aftercare coordinators (BA) ■ Extended family and friends help support caregivers ■ Most staff were African American residents of the community served 	<ul style="list-style-type: none"> ■ Decrease in founded neglect reports and out-of-home placement ■ Child well-being increased from intake to the end of the intensive phase of services ■ Increases in family support and family resources